

Activity	Average Data Per Activity	Sample Description	Mobile High Speed 30 500 MB	Mobile High Speed 40 1 GB	Mobile High Speed 50 2 GB	Mobile High Speed 65 5 GB
Email	4 KB	Text only, no attachments	125,000 emails	250,000 emails	500,000 emails	1,250,000 emails
Email with Small Attachment	40 KB	Smaller Word® documents, PowerPoint® presentations	12,500 emails	25,000 emails	50,000 emails	125,000 emails
Email with Large Attachment	500 KB	Larger Word® documents; PowerPoint® presentations	1,000 emails	2,000 emails	4,000 emails	10,000 emails
Email with Image Attachment	1 MB	Average quality picture	500 emails	1,000 emails	2,000 emails	5,000 emails
Web pages (average)	100 KB	Facebook™, eBay™	5,000 web pages	10,000 web pages	20,000 web pages	50,000 web pages
MP3 download	4 MB	3 minute song	125 MP3s	250 MP3s	500 MP3s	1250 MP3s
Online gaming	270 KB/min	Flash Internet games	30 hours	61 hours	120 hours	305 hours
Digital photos	1 MB	Average quality photo	500 photos	1,000 photos	2,000 photos	5,000 photos
Streaming audio	1 MB/min	Internet radio	8 hours	16 hours	32 hours	80 hours
Streaming video	2 MB/min	YouTube™	4 hours	8 hours	16 hours	40 hours

All figures are approximate. To help ensure you're on a Mobile High Speed plan that suits your needs, the chart below provides sample estimates on data for your reference. Please note that these figures are specific to the activity listed below. For example, if a client spends a lot of time streaming video, you will use all 500 MB within approximately 4 hours of use (1 GB = 1,024 MB, 1 MB = 1,024 KB)